

2017 Domestic Violence Counselor Training

40 Hour Initial Domestic Violence Batterers' Counselor Training

August 2017

<u>S</u>	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19

8:30am – 5:30pm

Location:

**La Mesa City Hope
Crosspoint Church
8809 La Mesa boulevard
La Mesa, CA 91942**

Presented By

CAMFT-Approved Provider #129139

(858) 848-1766

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RHOMBUS

Equip People

Strengthen Families

Impact Communities

Rhombus is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for MFTs, LPCCs, and LCSWs. Rhombus maintains responsibility for this program/course and its content."

Daily Schedule

Refreshments begin at 8:00am

<u>Morning Session</u>		<u>Afternoon Session</u>	
<u>Time</u>	<u>Activity</u>	<u>Time</u>	<u>Activity</u>
8:30am	Presentation	1:30pm	Presentation
	Break		Break
	Presentation		Presentation
12:30pm	Lunch	5:30pm	Dismissal

This course has been approved by the Facilitator Training Committee, a sub-committee of the San Diego Domestic Violence Council, and is taught by directors of batterer intervention programs and other qualified trainers according to the certification and training requirements found in California Penal Code 1203.098.

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Thursday, August 3, 2017

INTRODUCTIONS

DOMESTIC VIOLENCE KNOWLEDGE	4 hours
Introduction (History and Overview)	<i>Dr. Ron Rowe</i>
Nature of Violence (Typology of Partner Abuse)	
Gender Role and Privilege	
Learning Outcomes	
History of Domestic Violence	
Nature of the Threat	
Holding the Client Accountable	

INTAKE & ASSESSMENT	4 hours
Overview of Intake & Assessment	<i>Dr. Ron Rowe</i>
Assessing History of Violence & Nature of Threats	
Assessing for Substance Abuse History	
Developing Treatment Plans	
Review of Intake & Assessment Paperwork	
Intake Worksheet	
Mental Health Questionnaire	
Client Safety Agreements	
Continued Assessment Throughout Group Treatment	

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Friday, August 4, 2017

GROUP CONTENT	4 hours
Counselor Self-Care	<i>Pam Wright</i>
Healthy Relationships	
Trauma Informed Care	
Resilience Vs. Revictimization	
Gender Roles and Socialization	
Characteristics of Male Offenders	
Characteristics of Female Offenders	
The Process of Running DVRP Groups	

DOMESTIC VIOLENCE KNOWLEDGE	4 hours
Partner Abuse	<i>Pam Wright</i>
Victim Safety	
The Children of DV	
Shelters and Community Resources	
Treatment of Women Who Have Been Abused	
Why They Don't Report What They Go Through	
Male and Female Victims of Partner Abuse: "Why They Stay"	
Role of Domestic Violence Shelters in a Community Coordinated Response	

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Saturday, March 4, 2017

MULTI-CULTURAL, CROSS CULTURAL, MULTI-ETHNIC DIVERSITY IN DV 2 hours
Immigrant Cultures *Dilkhwaz Ahmed*
Middle Eastern Cultures & Domestic Violence

MULTI-CULTURAL, CROSS CULTURAL, MULTI-ETHNIC DIVERSITY IN DV 2 hours
LGBTQ Community and Domestic Violence *Dr. Julie Hayden*
Asian and Indian Cultures

GROUP CONTENT 4 hours *Dr. Julie Hayden*
Recovery-Oriented Approaches
Factors Facilitating Domestic Violence Behavior
Impact of the "Stress Response" in Domestic Violence
Effects of Violence on the Brain and Body of the Offender and Victims
Group Dynamics

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Friday, August 18, 2017

MULTI-CULTURAL, CROSS CULTURAL, MULTI-ETHNIC DIVERSITY IN DV 4 hours
Hispanic / Latino Families and DV *Sam Ely*
African-American Families and DV
Making Cross-Cultural Referrals
Broad Patterns in Cultural Factors
Interplay of Culture and Patterns of Domestic Violence

LAW & ETHICS 1 hour *Maria "Gina" Llamas*
Victim Safety
Risk Assessment
Standard of Care
Probation Department Policies for DV
DV Policies for the San Diego County Models

LAW & ETHICS IN DV 3 hours *Sean Sayre*
Restraining Orders
Police Case Management
Additional Court Policies
Domestic Violence from the Police Officer's View Point
Community, Probation, and Law Enforcement Response
Requirements Specified by the Courts and Probation Dept
Case-Flow from Initial Police Contact Through the Court System
Types of Domestic Violence Crimes
Legal Definition of Abuse and Domestic Violence

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Saturday, August 19, 2017

SUBSTANCE ABUSE	4 hours
Program Standards	<i>Dr. Julie Hayden</i>
Substance Abuse and DV	
Nature of Substance Abuse	
Substance Abuse and Children	
Substance Abuse and Batterers	
Level II and III Pilot Programs	
12 Step Programs and Referrals	
Effects of Substance Abuse Treatment on DV	
Services Available for Substance Abuse and DV	
Multigenerational Patterns of Substance Abuse and DV	
 GROUP FACILITATION	 4 hours
Motivational Interviewing	<i>Sam Ely</i>
Cognitive Behavior Therapy	
DV Standards for Treatment	
Evidenced-Based Treatments	
Solution-Focused Brief Therapy	
Acceptance Commitment Therapy	
Treatment Modalities for Addressing Socialization of DV	

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Presenters



Ron Rowe, Ph.D.

Ronald Rowe, Ph.D. is a Licensed Marriage and Family Therapist, CA Lic. #8791. He was the Executive Director of San Diego Center for Families (SDCF), until August 2014, when he retired from active practice. His experience in the field of Domestic Violence is as Director of SDCF. SDCF is a San Diego Superior Court approved provider of California Penal Code required DV 52 week intervention groups. The agency provides 9 counseling groups on a weekly basis for 100 DV offender clients.

SDCF also provides a variety of services for the strengthening of families and family relationships. Additionally, SDCF trains clinicians, public school personnel, community agencies, and church lay counselors in counseling skills. Dr. Rowe and his staff provided psychotherapy services for the victims and perpetrators of child physical and sexual abuse, as a member of the S.D. Juvenile Court TERM Team.

Dr. Rowe is the past Chair of the San Diego Domestic Violence Council, Treatment and Intervention Sub Committee, and previously served on the San Diego County DV Fatality Review Committee, representing Treatment Providers. He has been in practice in San Diego for 36 years.

Since 2013 he has been working with churches in Ecuador to develop programs and services for women who have been victims of Domestic Violence



Sean Sayre

Sean Sayre was born and raised in the East county area of San Diego. He graduated from Granite Hills High School and later attended Grossmont College where he received his Associates Degree in Criminal Justice. He was hired by the El Cajon Police Department in 1999 and his assignments have included Patrol, School Resource Officer, Communications Supervisor, and Crime Prevention Officer. He has been the Domestic Violence Investigator for the last year. In addition to his regular assigned duties, Sean is a Crisis Negotiator, advisor for the department Explorer Program, and member of the Peer Support Team.

Sean has been married to his wife, Maria, for 10 years and loves spending time with Maria, their three kids, and their tortoise "Torty".



Pam Wright, LCSW

Pam Wright holds a Bachelor's degree in Psychology from the University of Colorado and a Master's Degree in Social Work from Denver University. Ms. Wright is a Licensed Clinical Social Worker and has worked for South Bay Community Services (SBCS), a non-profit organization in Chula Vista, California for over twenty five years. Chula Vista is the southernmost region of San Diego serving families down to the border of Mexico. Pam is currently the Clinical Director for SBCS and oversees all clinical services and provides clinical supervision.

Ms. Wright has over 25 years' experience working with children, youth, and families in the community who have been exposed to, and experienced, various traumas. Ms. Wright is extremely passionate about her work and takes pride in assisting individuals to understand their experiences and life events, including trauma, and assisting them in the process of recovery and working toward a journey of healing. As a leader in her field for the past twenty years, Ms. Wright has guest taught at USC on domestic violence and trauma-informed care, and frequently works with others, through both teaching and training, in trauma informed services.

Ms. Wright also had a part-time private practice in the San Diego area.

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Dilkwaz Ahmed,
M.S.

Dilkwaz Ahmed has over 25 years of experience working with international and local nonprofit organizations developing and implementing sustainable programs surrounding issues of domestic violence, sexual abuse, and trafficking. She is skilled in cultural competency and conducts trainings in San Diego and other counties, currently with great focus on Middle Eastern refugees. Dilkwaz has facilitated male offender treatment programs for many years and brings her extensive experience and caring heart.



Sam Ely, MACP

Sam has experience working with fathers during his time with Institute for Responsible Fatherhood & Family Revitalization, and later ABBA Father Family Services, Inc. He desires to help fathers understand the important role they play in the lives of their children, and mentor them in restoring relationships.

He earned his Master of Counseling Psychology at Southern California, and currently works with persons who are developmentally disabled. In addition he serves as a counselor of DV perpetrators with an organization in El Cajon.



Julie Hayden, Psy.D.

Dr. Julie Hayden is a licensed psychologist with has over 12 years counseling experience. She is the co-founder and Executive Director of Rhombus, the Clinical Director at Genesis Recovery, the Director of Clinical Training at Southern California Seminary and the Co-Chair of the San Diego MFT Consortium. Dr. Hayden has experience counseling addictions, depression, Bipolar, Schizophrenia, domestic violence, PTSD, family issues, adolescents, and more. Dr. Hayden has conducted trainings, presentations, and conferences to increase information in the community, strengthen families and increase healthy relationships.

Maria "Gina"
Llamas, MSW

Recently appointed as San Diego's Deputy Probation Officer/Certification Officer, Gina is putting her years of experience to work. With a Master's in Social Work, she is well qualified as she certifies and re-certifies treatment programs, monitors all agencies and providers who provide domestic violence, stalking, sex offender and child abuse treatment as per the Penal Code and Probation Department Standards.